

WE GET AND FORGET

When I started my walk with the Lord, I realized so many valuable blessings that have been given to me and my family. Simple daily circumstances that unfold in our lives show God working in my life. The morning sunshine that wakes me up every morning brings me new hope for the day, especially if I had a bad day the previous day. I feel that a new day is a fresh start. The laughter and giggles of my children brightens the family atmosphere in our home. It warms the house with joy and a sense of belonging. I also receive small Thank you notes from my six year old daughter made of pictures and scribbles. The colorful pictures she creates from her small hands touch me in a deeper way. It reminds me of the words “thank you “and I love you”. Too often these words are said spontaneously and more often the meanings of these words are not sincerely coming from the heart. If my daughter remembers to thank me for being there, I begin to ask myself, “When do I thank the Father for all the things and blessings He has given me?”

In Luke 17:18, “*Has none but this foreigner returned to give thanks to God?*” I am called to be more thankful to God the Father because without Him, I am nothing. I get all the countless blessings that I sometimes forget to thank God for all these graces that come my way. I have learned that we can express our thanksgiving to God the Father in different ways—like personal prayers, group prayers and worships, joining the Eucharistic celebration and communing with God by being one with Him through His Body and Blood.

Aside from this, I clearly realized that this thanksgiving must be expressed outwardly to others especially our family, friends and community. This is the only way that we can live our faith. I learned to forget all the negative factors that affect my relationship with my family and close that chapter in life and move on. Forgiveness will flow once I learn to forget all the situations that hinder me from having a harmonious and spiritual life. We are all called to live our faith by living a grateful life to the Father and by not being forgetful of His overflowing mercy.

Lord, I thank you again for all that we are and all that we have. Everything we are, O Lord we owe it to YOU and we offer them all for Your greater glory.